

INDEX OF MEDICINAL PLANTS ACCORDING TO PRINCIPAL USES

This index classifies by their uses medicinal plants appearing in Chapter 5: Materia Medica. Many plants listed below are used in combination (“blends”) in addition to being used alone (“simples”). Most bush medicine practitioners consider certain plants to be effective only when used in a blend, often involving an odd-numbered combination of plants. For further information on blends see Chapter 3: Principles and Practices of Bush Medicine.

Abscesses

Stachytarpheta jamaicensis
(blue flower)

See also Boils

Anemia, to make a “rich blood”

Caesalpinia reticulata (brasiletto)
Swietenia mahagoni (mahogany)

Aphrodisiac

Cassytha filiformis (love vine)
Diospyros crassinervis (feather-bed)
See also Back, “to strengthen back”;
Tonic, “to build energy”

Appetite, loss of

Aloe vera (aloe)
Ambrosia hispida (bay geranium)
Croton eluteria (sweetwood)
Exostema caribaeum (princewood)
Gundlachia corymbosa (horse bush)
Picramnia pentandra (snake bush)
See also Tonic, “bitters”

Annona squamosa (sugar apple)

Bursera simaruba (gum elemi)

Coccoloba uvifera (sea grape)

Ipomoea pes-caprae (bay hops)

Lantana involucrata (sage)

Morella cerifera (muckle bush)

Musa nana (sugar banana)

Musa x paradisiaca (plantain)

Opuntia bahamana (scurger needle)

See also Rheumatism

Asthma, “shortness of breath”

Kalanchoe pinnata (life leaf)

Baby, treatment after birth

Anethum graveolens (dill)

Back, to “strengthen back”

Bourreria succulenta (strong back)

Bursera simaruba (gum elemi)

Erythroxylum rotundifolium

(stinging ass tree)

PARTIAL PREVIEW

Backache, pain

Bourreria succulenta (strong back)

Bursera simaruba (gum elemi)

Erythroxylum rotundifolium
(stinging ass tree)

Galactia sp. (hard back vine)

See also Urinary conditions

Bad breath

Gymnanthes lucida (crab-bush)

Bed-wetting, children (enuresis)

Erythroxylum rotundifolium
(stinging ass tree)

Bladder ailments

See Urinary conditions

Bleeding, external

Pentalinon luteum (unction vine)

See also Skin sores/wounds

Boils

Phyllanthus epiphyllanthus